

Manifest an Abundant Life of Light Energized by a Home of Power

A powerful - often overlooked - tool to help us manifest the things in life that we desire AND to clear negative energy out of ourselves - replacing it with plentiful positive energy is: *careful control and design of our Home Living Environment*. You CAN create your own Home of Power and infuse your Life with Light and boundless positive energy.

Regardless of your current setting - large house-to-small apartment - there are simple steps that everyone can take to tailor their living environment to match and drive their deepest life goals. *Make your Home the Power Base* for everything that you want to achieve in your life. Enjoy peace, serenity, and renewed energy every day. Once set up, no will power or effort is required to consistently receive the energy of the life you desire. Manifest through a Home of Power. Achieve Abundance and Harmony; Create healing frequencies - for a chronic health condition - in your bedroom to absorb while you sleep. Create energy of Attraction to find that special relationship that you are lacking.

Just as a healthy diet is necessary for your body's optimum performance, a nurturing & stimulating home environment is a significant influence in all that we feel and think - and, ultimately, how we perform. A Home can be custom designed to help us attain our goals. Once you set up the frequencies and energies of your goals inside your home, they continue to work without your attention, effort or will power.

Areas for potential transformation by energizing your living spaces:

- Abundance
- Anxious, nervous & stressed
- Lack motivation, drive, stamina & interest in life
- Want a relationship attract a partner
- Clear your Home of negativity/damaging energy
- Lack confidence, shy
- Address personal health issues
- Connect your environment to a particular Culture/Era or Master

The well-designed Home Living Space Environment can be like a daily launching pad that propels us forward - every day - with High Energy, Crystal Clarity, and Positive Attitude. Alternately a negative environment can hold us back and take us down.

The proportions, layouts, and materials that create a sublime feeling room are the same frequencies and design elements that uplift your physical body's subtle

energies. You are not separate from your environment. You exchange energies with your home all the time that you are in it! You create your life with your living space as much as you do in other endeavors in life. Learn to make conscious decisions of what you want in your life and create a machine, aka your home, to consistently deliver these desired feelings and energies that bring out about outer circumstances.

Negativity energy circulates between your physical, mental, and emotional energy fields *and your home*. Clear the energy pathways (the meridians) of your living space and your body simultaneously. Eliminate builds ups of negative energy from anyone in your home or even the history of the area you live, and feel the improvements in your body, emotions and manifesting!

We are vibrational beings, and we are affected by the energies that surround us. Among my most memorable personal experiences are deep spiritual reactions during visits to certain old Cathedrals, Castles, and Ancient Monuments ... why IS this?

Decisions as simple as the colors and shapes you employ in your rooms... the materials used and the layout are all potentially powerful forces that can tremendously influence you.

Some unique shapes act as portals, bringing 5th-dimensional energies into your home. For example, an ellipse is an extraordinarily healing shape. Notice that the womb is in this shape because it creates ideal energy for a baby to develop. The repositories reported, for *beings from the stars*, use an egg-shaped sack for recovery and healing. Ellipse shaped objects and even depictions of this shape - on the back of rugs, furniture and pictures - impart this energy into your home and yourself. This shape has healing properties, and when you are exposed to it, you absorb this! Not just special shapes, but colors, numbers, dimensions, building materials, and design layouts and arrangements create the same healing energies as found in ancient temples – right in your living room!

Identify the changes that you want to make in your life, then create the energy you most want throughout your home. Surround yourself with the characteristic

energies that you lack. Design and innovate an environment that radiates the frequencies that you require. Immerse yourself in a matrix of energies that will fill you with what you are missing - reach your fondest goals.

Ancient temples and sacred sites harness the energy of the Earth. That is why people make pilgrimages to these places. Many ancient sacred sites were like community health centers and restored visitors to their optimum energy and power. Techniques that capture sacred energies can be used in your living space. Use forces of nature, color and numbers to alter energy currents, redirect harmful energy currents like 5G and electromagnetic pollution.

A Few Specific Examples...

Abundance

Abundance is a goal for many readers. There are many small moves that you can take with your living space to produce the energy for more Abundance. Each small change adds to your Abundance Energy AND taken together, many small design elements can yield significant results. Mattson recommends filling your dwelling with Light. Candles, fireplaces, twinkle lights, and warm lighting are strong sources of Abundance Energy. Also excellent are things that housed fire/evoke remembrance of fire, such as: reds and oranges, curled forms, woods and thunder. Things made from animal materials recall vibrant life and Abundance of vitality - such as feathers, leather, faux furs, and wool. Listening to music played by natural gut string instruments - such as violins - calls Abundance Energy. You do not need to spend extravagantly in your decor. However, be choosy to select rich feeling fabrics and colors. Those items that will work best for you will reach out to you strongly... be mindful even dowse your selections' energies before you buy. Combinations of the above are effective, and you will know when you are creating Abundance Energy in your Home.

Calm Down

Use soft lines, curvy shapes, and slow rhythmic patterns to evoke calming energy in your Home. Fractal patterns give us stress relief and calm energy. Some people

use art with natural fractals like trees and flowers. Carpets and wallpaper are an excellent place to infuse soft fabrics, colors, and fractal designs. Animals such as the deer or stag and the heron are perfect forms for calmness and tranquility. Any connection to these animals can produce calm and dissolve stress and anxiety. You will be amazed how much better you will feel in your space when you thoughtfully add the energies that you crave. You will sit in absolute peace and tranquility when you get your environment the way you need it to be!

Clearing

In any type of home design, Clearing Negativity is critical. Fortunately, there are many ways to accomplish Clearing in your Home. Use Sound Waves as carrier waves and direct negative energy out of your house. Sound can loosen and remove negative energies. The sound of a tuning fork used properly can clear a room or an entire house.

Earth energies, crystals, certain layouts, and shapes are all useful for Clearing. Many strive for simple, uncluttered rooms and designs - these can purify your Home's energy.

Mattson has written a book, **Home of Power ~ Life of Light** and has also created a three hour video class on using these techniques. The book is found at www.coronavirusdefence.org. The video class is found at https://www.jillswingsoflight.com/school-of-healing.php.