

Cultivating Your Enlightenment

by Kent & Renee Miller

December 21, 2012 marked the end of a cycle. The next grand cycle begins when the interplanetary magnetic field poles reverse. For now, we are in a period of transition and transformation. It creates a state of chaos as we abandon old thought, behavioral patterns, and institutions that no longer serve us, yet creates an opening to a new paradigm and a new way of doing things. Earth is quietly setting up the new parameters for the next grand cycle: that of conceptual learning, the ability to

understand the interconnectedness of all things, returning humanity to a more natural way of life.

Earth is going through a state of transition, abandoning an old vibration, and preparing to restructure herself to offer a new learning field for humanity. As she begins to rebalance, we will see a change in her electromagnetic field, changes in weather and rain patterns, and an increase in volcanic and earthquake activity. There are many Earth changes to come. This is a part of the plan to bring all back into balance for the start of the new cycle.

One example of an imbalanced system is our industrialized farming, which has resulted in a significant decline in the nutrient content of our food. The lack of adequate nutrients in our food supply directly affects our health and immunity. During a pandemic, we will want to have the best possible nutrition to ward off disease. Covid-19, coupled with weather events that have occurred over the past couple of years, has created a global food shortage for which many are unprepared. For those who have never gardened, now is a great time to collect what you will need to begin your new journey—bonding to Earth as you work her soil, providing food to nourish both your body and your soul.

An inner peace lies in the cultivation of a renewed relationship with our Mother Earth, nurturing a soil free of chemicals and genetically modified organisms, bonding with Gaia in a more profound way, as she sustains a higher vibration within us while we are turning her soil. Putting our feet on the ground, and hands in the soil, the Earth's vibration reaches up to our physical bodies, gently nudging our vibration upward.

We are also expanding our own conscious value as we explore what is needed to make our gardens successful and our food more nutritious. It is through our expanding consciousness that we can consistently sustain an evolving vibration to ever-higher levels. The conceptual learning realizes the interconnectedness of all systems, from the fungal floor, feeding nutrients to the roots of the plant—that will, in turn, sustain us—to the beneficial insects that feed upon the ones that harm our plants. It is knowing what grows and what doesn't grow in a given area and the balance of nutrients and pH of the soil to maintain the health of the plant. It is the understanding that the natural micronutrients are needed

by the plant to sustain a healthy structure, naturally warding off disease. It's about balance.

There is much to learn about how to garden organically, how to work with local weather and water conditions, how to deal with the critters eating the fruits of our labor, and how to nurture the soil. Thankfully, there are many resources available in books, on-line, and through local agricultural extensions. Even Pinterest provides a litany of ideas for small space gardening. Gardening is a gift of enlightenment, an opportunity for spiritual and vibrational growth, and an opportunity to expand our friendships as we reach out to other gardeners for both companionship and sharing of information.

Victory gardens cropped up during world wars I and II to take the burden off government in order to supply food to the troops. They are becoming popular once again in the shadow of covid-19 as a productive way to stay busy. It is a happy place for those not working, providing the dense nutrition not found in commercially grown foods to keep a body healthy during times of stress. An empty lot can be shared by neighbors, a lawn can be converted, a patio can be dotted with interesting pots, full of delicious and nutritious food.

During this time of great transformation, we can find a place of serenity and of creativity, to channel positive energy, increasing health and nutrition, all while raising our vibration as we bond with the Earth and expand our conscious horizon. It is a time when we can so eloquently move with the natural flow of energy, stepping into our new role as conceptual beings, aligned to a natural world.

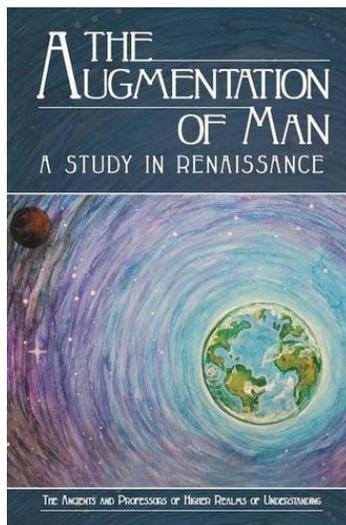
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Author Bio:



Kent Miller unexpectedly discovered that he was able to telepathically communicate with the Ancients (ancient teachers of the Creator) and spiritual professors. Kent and wife, Renee, have compiled these lessons into The Augmentation of Man book series: A Study in Renaissance and Acquiescence of Humanity, available on Amazon. Our videos can be found on YouTube, BitChute, Brighteon and major podcast platforms at The Augmentation of Man with Kent and Renee Miller.

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