

August Uplevel to Love

By Sandy Penny, Publisher Houston Spirituality Magazine

Raising your vibration to the level of love will transform your life. Keep your focus on love. Lots of reminder songs: "What the World Needs Now is Love Sweet Love, it's the only thing there's just too little of." "All you need is love." "Love makes the world go round." Bob Marley's "One Love."



Share beauty and the love of nature all over social media. Green and pink are colors of love and healing. Wear them, share them. Notice how much they are showing up in our consciousness. Social distance in nature. Take a walk, ride a bike, take photos of the amazing natural images you see and share those. Share the natural love.



The sky phenomena Steve is a green burst of light - like green lightning from the earth upward, a burst of love.



Flowers are symbols of love, and even eating them can raise our physical vibration to higher levels. Posting images of flowers brings us joy and returns us to love.



Just saying the mantra, "I AM love" over and over until your vibe shifts will change your life. Random acts of kindness are love. Ask yourself in every moment, is my thought coming from love or fear? And instantly shift to love.

It's so easy to get caught up in the fear in the group consciousness right now, but the world needs your love. The group mind needs to be reminded of love. Your actions can be driven by love.

We have just had an uplevel to love like never before, and August 8, the Lion's Gate opens and awaits our loving vibration as we move from dimension to dimension. Every act of love resonates through all the dimensions raising all vibrations.



Like a musical instrument, feel your heartstrings begin to hum with love. Feel how much lighter that feels, like you could just float away on pink clouds of love.

A few years ago, I was sharing the hands over the heart I love you memes. I hereby reinstate that practice. I am love. I love me. I love you. I love all, and all is truly well.

